

# HLT42707 CERTIFICATE IV IN AROMATHERAPY

## Pathways for your career in Natural Therapies

The Certificate IV in Aromatherapy offers an accredited level of qualification to deliver Aromatherapy in the clinical arena.

Aromatherapy is a healing delight of the senses using nature's pharmacy to address the multi faceted needs of a human being.

As a professional Aromatherapist you will learn the holistic art and science of pure essential oils and how to influence a multitude of human conditions. In order to do this you will get to know about the body and the ailments that can effect them.

You will gain understanding of the chemical make up, pharmacology and properties of essential oils along with the varied actions, indications and contraindications. The clinical practice learning then, makes effective treatment planning, application and client monitoring perfect.

- 🔗 **Co-requisite:** HLTFA1A or HLTFA2A or Senior First Aid
- 🔗 **Total Hours:** 566 hours
- 🔗 **Time frame:** 6-12 months
- 🔗 **Application fee** \$100 which is independent of course fee
- 🔗 **Course Fees:** \$3997
- 🔗 **Payment plan:** \$597 deposit + \$340 p/mth x 10 mths
- 🔗 **RPL:** By application



**ENROL TODAY!**

**Centrelink Student Related Payments Available**



**Course Code: HLT42707**

## DELIVERY OF TRAINING

This course is designed for home study at your own pace, so you can enrol at any time. All course materials are posted to you. Due to the competency-based nature of this qualification, there is also a small Practical element (unless RPL is applicable). A video recorder will be required by students.

## ASSESSMENT

- 🖋️ Open-book test papers
- 🖋️ Assignments/essays
- 🖋️ Video presentation
- 🖋️ Practical examination
- 🖋️ Case Studies
- 🖋️ Research Projects
- 🖋️ Professional Portfolio (of experience)

## CAREER PATHWAYS

- Practitioner ➤Massage Therapist ➤Beauty Therapist
- Trainer ➤Workplace Harmony Consultant
- Product Advisor ➤Sales Representative
- Professional Carer

### COMMON UNITS

- BSBCM204A Work effectively with others
- HLTCOM404B Communicate effectively with clients/patients
- HLTCOM405B Administer a practice
- HLTCOM406B Make referrals to other health care professionals when appropriate
- HLTCOM408B Use specific/medical terminology to communicate effectively
- HLTHIR301A Communicate and work effectively in health
- HLTHSE1A Follow the organisation's Occupational Health and safety policies
- HLTOHS300A Contribute to OHS processes
- HLTIN301A Comply with infection control policies and procedures
- HLTAP401A Confirm physical health status (Anatomy and Physiology)

🔗 The above units are to be completed in a specified timeframe as distant learning. These Units are part of our flexible learning policy and can be started at any time. They are to be completed within one (1) month of distribution and the due date is advised at time of issue.

### SPECIALISED UNITS

- HLTAR0401A Work within an aromatherapy framework
- HLTAR0402A Plan Aromatherapy treatment
- HLTAR0403A Provide Aromatherapy treatment
- HLTAR0405A Apply Aromatherapy assessment framework
- HLTAR0406A Perform Aromatherapy health assessment

### ELECTIVES ( 2 electives to be chosen )

- HLTAR0408A Provide Aromatherapy massage treatment
- HLTAR0404A Develop Aromatherapy products
- HLTAR057A Analyse and compare different complementary health modalities

### COURSE CONTENT

#### THE HUMAN BODY

- ☞ **Principles of Anatomy & Physiology**  
The material in this unit is regarded as essential underpinning knowledge for all natural therapists. Content covered includes:
  - ~ Digestive system, nutrition and metabolism
  - ~ The Cells
  - ~ Skeletal and muscular structures
  - ~ Cardio-vascular and circulatory system
  - ~ Respiratory system
  - ~ The skin
  - ~ Lymphatic and endocrine systems
  - ~ Urinary system
  - ~ Reproductive systems
  - ~ Nervous and immune systems
  - ~ Special senses - hearing, vision, smell, taste and touch

#### CLINICAL AROMATHERAPIST\*

- ☞ **Aroma Practice**  
Assessment and Consultation Protocols  
Designing Treatment Plans  
Hygiene Practices
- ☞ **Aroma Application**  
Diagnosis & Managing Treatments  
Dispensing Aromatherapeutic Remedies  
Holistic Gentle Touch  
Stress Management  
Aroma Meditation
- ☞ **Aroma Health & Beauty Essentials**  
Holistic healing  
Nutrition  
Diagnosing Common Skin Conditions  
Skin Care Treatments
- ☞ **Consultation using Natural Therapies**

#### REMEDIAL THERAPIES

- ☞ **Massage**  
If choosing this elective
- ☞ **Wellbeing ~ Stress, Relaxation and Beauty**  
Remedial Massage for Specific Disorders

#### BUSINESS SENSE

- ☞ **Communication**  
Communicating Effectively with Clients and Colleagues  
Establish Effective Relationships in the Workplace & Industry



For detailed information on content and learning outcomes, please phone our Student Liaison Officer on 1300 13 14 72 for a free consultation.