

ESSENTIAL OIL FRAGONIA

The whole aromatherapy community is excited by the arrival a new discovery in the local botanical world. This new plant is called Agonis fragrans, commercially available in the form of Fragonia essential oil. It is being extensively cultivated in western Australia at Harvey, south of Perth by John and Peta Day.

The discovery of Fragonia is welcome as it coincides with the decline of the Tea Tree. It has similar properties to the Tea tree, however with a wonderful scent and a palatable taste it proves to be an effective anti infectious, anti bacterial EO. Fragonia was studied at the University of Perth from a bacteriological perspective.

Fragonia has undergone intensive clinical research also by Dr. Daniel Penoel, an internationally renowned professor and medical doctor who specialises in this field. With thirty years in the industry he has worked closely with Pierre Franchomme and has brought a great deal of resources to the essential oil market place. Dr Penoel was introduced to Fragonia by Mark Webb a lecturer and writer when he took a tour to France in 2004. Mark is well known for his book "BushSense"

The scientific research in Fragonia reveals that its properties are anti-microbial, anti-inflammatory, analgesic, expectorant and immune enhancing and lends it'self to long term use. Dr Penoel says "the role of this holistically balanced oil of Fragonia is not merely to kill the bugs or keep them at bay it works on a much deeper level and is endowed with the capacity to release deep seated emotional blockages due to it's capacity to exert a deep action on the psyche.

As reported in the "Simply Essential" the June 2006 Journal of the International Federation of Aromatherapists (IFA) Dr Penoel seeks for us to understand that the ratio of the molecular families of Fragonia and the proportions between the molecules are arranged according to the "golden proportion". Besides, because this golden proportion is reproduced at several levels, we obtain the picture of the structure that is known in modern physics as a fractal. ***To have in a single EO, at the same time, the golden proportion and the fractal structure is absolutely unique!*** He has never come across on essential oil before that has this amazing power of harmonization and rebalancing despite the hundreds of oils he has worked with.

Desiree Latour, aromatherapist and tutor at The Aromatherapy College of Australia reports that some of Fragonia's uses include relief from muscle pain and aches, respiratory problems, digestive disorders and allergies due to yeast infection, as an immune tonic in all cases of infectious diseases. It also has

application in stress-related problems and mental illness because of its effect of creating balance in the body and mind.

Karen Wallwork a therapist and researcher from Talking Scents has had great success with the hydrosol of Fragonia chronic tonsillitis and bronchial conditions. Karen has ongoing clinical trials in other areas of interest including womens health.

Plant description

Fragonia ia a lignotuberous shrub reaching approximately 2.4m in height. It has erect flowering branches and thick rigid leaves along with small clusters of five white petalled flowers and a pretty pink centre. Flowering takes place between January and May typically.

Properties

Monoterpenes 30-39% **Oxides** 29-32% **Monoterpenols** 23-29%

In depth detail can be found in Mark Webb's book BushSense.

Uses

A safe and effective essential oil with the potential to be used in conditions both physiologically and emotionally and so effective for or all body systems.

Fragonia (Agonis fragrans) is available from the college, send and email or call 1300 13 14 72 or buy on line at the Health and Harmony shop [ONLINE SHOP](#)